

ACTIVITIES USING THE PRODUCTION IMAGES

Use the production images to recreate the shapes the dancers are making and create transition movements to move into the next position. Think about what the character is doing and how they are feeling. Use the prompts under the images to explore further.

Little Red Riding Hood



How is Little red feeling? What other positions and movements can you think of which show this emotion? How would you show the opposite emotion with a position? With movement?



Can you recreate these positions (not the exact toes!)? Can you move between these different positions?

Grandmother



How long can you stand like Grandmother?

Can you move from the above image to the below image in one movement? In two movements?



Wolf



Use Wolf's position as a starting point to create a movement which can be repeated (e.g. moving arms from left to right)



Repeat the above activity for this move.



Wolf is smelling the flower. How would you do this in real life? How might a ballet dancer do this to make it look more exciting or dramatic? Make the movements bigger and bigger.



Repeat the above activity with laughter. What do you do when you laugh? How can you make these movements bigger for the stage?

Split the class into 4 groups to repeat different moves from the 4 images of Wolf, above. Perform their movements together as a class dance.

Pairs/ Groups



How is Little Red feeling? How might she react to Wolf offering her a flower? How would she move next? How could Wolf move into this position?



Work in pairs to recreate this pair move. Think about pointing your toe like the ballet dancers. What will your next move be? As a class, make up a dance finale sequence using the ideas from pair work.



In pairs, help each other to balance in different ways.



Can you move in synchronicity with a partner? Can you do the opposite (i.e. when your partner reaches up, you reach down)?



How long can you hold this position? Can you come up with strategies to help balance- share these with others. Little Red is hiding- can you follow somebody round the room without them realising they are being followed?



Ask the class to form a circle around the room facing the back of the next person. Make the position of the dancer (not the exact toes!). Can you all move in synchronicity around the room?



Dance is not just about feet- also think about what your hands are doing. Try using different hand movements with the dance moves you have already explored.

Animals

What animals are these? How would you describe this animal? How do you think they would move? How would you move in this way? Can you get into the positions in the images? How would you move in and out of them? Think about what dancers need to think about too (e.g. pointy toes, hands).





